

# Contraceptives

Name:

Date:



## Everything You Need to Know About Condoms



Source: [Flegmus on Wikipedia](#), [CC BY-SA 3.0](#)

A condom is a simple but effective device used during sex to help prevent pregnancy and protect against sexually transmitted infections (STIs). Condoms are usually made out of latex, but if you're allergic, you can find ones made from other materials like polyurethane. They are easy to use—just roll one onto an erect penis before intercourse.

Using a condom has several advantages. First, it's the only form of contraception that also protects against STIs like HIV, gonorrhea, and chlamydia. Condoms are accessible and inexpensive, making them a popular choice. Additionally, they have very few side effects.

However, condoms aren't perfect. They can break or slip off if not used correctly, which can increase the risk of pregnancy and STIs. Also, some people may find that condoms reduce sensation and pleasure during sex. Despite this, the benefits far outweigh the risks, especially when used properly.

One of the coolest things about condoms is that they don't require a prescription or a visit to the doctor. They are available in most drugstores, supermarkets, and even vending machines. Just be sure to check the expiration date and store them in a cool, dry place to keep them effective.

So, next time you're thinking about having sex, remember that using a condom is a smart and responsible choice. It helps you stay safe and worry-free, allowing you to enjoy the moment without the stress of potential consequences.

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**Check the box: Which of the following statements is correct?**

**Why are condoms considered a unique form of contraception?**

- ☐ They can be used by both men and women.
- ☐ They are the only contraceptive method that also protects against STIs.
- ☐ They are reusable if cleaned properly.
- ☐ They are the most effective form of contraception available.

**What should you do to ensure a condom remains effective?**

- ☐ Store it in a warm, humid place and check the expiration date.
- ☐ Store it in a cool, dry place and use it past the expiration date.
- ☐ Store it in a cool, dry place and check the expiration date.
- ☐ Store it in a warm, humid place and use it past the expiration date.

**What is one potential drawback of using a condom during sex?**

- ☐ They always cause allergic reactions.
- ☐ They can break or slip off if not used correctly.
- ☐ They require a prescription from a doctor.
- ☐ They are difficult to find in stores.

**How should a condom be used correctly during intercourse?**

- ☐ Roll it onto a flaccid penis.
- ☐ Roll it onto an erect penis before intercourse.
- ☐ Insert it into the vagina before intercourse.
- ☐ Apply it after intercourse has begun.

**If someone is allergic to latex, what alternative material can condoms be made from?**

- ☐ Cotton
- ☐ Polyurethane
- ☐ Wool
- ☐ Silk

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**What other contraceptive methods are there? Search for the words and find out.**

Z	H	U	S	P	O	N	G	E
P	H	F	E	A	Q	D	A	E
C	U	V	A	T	S	J	J	D
R	H	T	D	C	E	Q	Y	X
D	I	A	P	H	R	A	G	M
D	S	D	I	F	I	Y	V	W
I	M	P	L	A	N	T	P	Q
L	B	U	L	Z	G	J	R	B

CONDOM

PILL

IMPLANT

DIAPHRAGM

SPONGE

PATCH

RING

IUD

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**Place the correct words in the blanks and learn more about the most important contraceptive methods:**

Contraceptives, also known as birth control methods, are used to prevent \_\_\_\_\_. They allow individuals to make choices about if and when they want to have \_\_\_\_\_. There are various contraceptive methods available, each with its own way of working and level of \_\_\_\_\_.

One popular method is the birth control \_\_\_\_\_. This pill needs to be taken daily and contains hormones that prevent the ovaries from releasing eggs. It also thickens the cervical mucus, making it harder for sperm to reach an egg. Another hormonal method is the contraceptive \_\_\_\_\_, which is a small adhesive patch that sticks to the skin and releases hormones into the bloodstream.

Another option is the intrauterine device (\_\_\_\_\_). This is a small, T-shaped device that a doctor inserts into the uterus. There are two main types of IUDs: hormonal and copper. Hormonal IUDs release hormones to prevent pregnancy, while copper IUDs release copper ions that are toxic to sperm.

The contraceptive injection is another \_\_\_\_\_. It involves getting a hormone shot every three months to prevent ovulation. Similarly, the contraceptive implant is a small rod placed under the skin of the upper arm that releases hormones to prevent pregnancy for up to three years.

For those who prefer non-hormonal methods, there is the \_\_\_\_\_. This is a shallow, dome-shaped cup made of silicone that is inserted into the vagina to cover the cervix and block sperm from entering the uterus. It is often used with spermicide, a substance that kills sperm.

Finally, there is natural family planning, also known as the \_\_\_\_\_ method. This method involves tracking the menstrual cycle and avoiding intercourse on the days when a woman is most fertile.

In summary, there are many types of contraceptives available, each suited to different needs and preferences. It is important to understand how each method works and to discuss options with a healthcare \_\_\_\_\_ to make an informed decision.

pregnancy, diaphragm, provider, rhythm, method, children, pill, effectiveness, patch, IUD



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## How do contraceptives work?



### Youtube: How do contraceptives work? - NWHunter

To watch the youtube video just scan the QR code.

<https://www.youtube.com/watch?v=Zx8zbTMTncs>

## Name three basic ways contraceptives prevent pregnancy.

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## Describe how hormonal contraceptives work to prevent pregnancy.

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## Explain why the effectiveness of contraceptives can differ between perfect usage and typical usage.

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