## Before Listening

## Guess what the audio might be about!

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### Answer the questions

Based on the title 'How to talk to your doctor', what do you think the podcast will be about?

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What do you think are some common issues people face when talking to their doctor?

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If you were going to the doctor tomorrow, what information or questions would you prepare beforehand?

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| --- | --- |
|  | Youtube: How to talk to your doctor | Life KitTo watch the youtube video just scan the QR code.https://www.youtube.com/watch?v=eHnlKwk39nQ |

## While Listening

Three Key Points

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Question Tracker

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Quote of the Day

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## After Listening

### Summarize the key points discussed in the Life Kit podcast episode about talking to your doctor. Highlight the importance of viewing the doctor-patient relationship as a partnership, preparing for appointments, asking questions, and advocating for oneself.

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### Discuss your opinion on the importance of the doctor-patient relationship as portrayed in the podcast.

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