Name:

Date:



### **Before Listening**

### Guess what the audio might be about!

#### Answer the questions

Based on the title 'How to talk to your doctor', what do you think the main focus of the podcast will be?

Considering the description mentions 'doctor-patient relationship', how do you think this relationship is important for your health?

What kind of questions do you think might be addressed in the podcast about preparing for a doctor's appointment?

# Listening exercises

Name:

Date:





#### Youtube: How to talk to your doctor | Life Kit

To watch the youtube video just scan the QR code. https://www.youtube.com/watch?v=eHnIKwk39nQ

# While Listening

Three Key Points: Write down the three most important ideas or arguments you hear. Use bullet points or short sentences to capture them clearly.

Question Tracker: Note at least two questions that come to mind while listening. These could be about things you don't understand or ideas you want to explore further.

Quote of the Day: Write down one sentence or quote from the podcast that you found impactful or thought-provoking. Explain why it stood out to you.

# Listening exercises

Name:

Date:



## **After Listening**

Summarize the key points discussed in the podcast 'How to talk to your doctor' from Life Kit by NPR, highlighting the importance of the doctor-patient relationship and strategies for effective communication with medical providers.

What are your thoughts on the importance of partnership in the doctor-patient relationship as discussed in the Life Kit podcast?

Create a visual representation (e.g., a mind map or drawing) that captures the main ideas or themes from the podcast. Label your visual with keywords or phrases from the episode.